



Retail List – Fall 2020 – While Supplies Last!

Beef & Pork

- 93862 - McGregor's Fully Cooked Memphis Style Ribs - 20/500 gm \$132.20 per case (\$6.61 per rack)
- 04168 - Cardinal Burgers Butcher Style 5.3 oz – 30 Burgers \$50.35
- 04165 - Cardinal Burgers Butcher Style 7 oz – 24 Burgers \$51.32
- 04163 - Cardinal Burgers Butcher Style 4 oz – 36 Burgers \$43.71
- 03700 - Pork Chops 4/6 oz Frozen - approx. 32 pork chops \$37.27
- 91730 - Cherry Pink Sausage Debrezini 9" – 35 per case - \$33.79
- 94242 - TBS Sausage Italian Mild - 36 per case - \$10.88 per kg
- 93425 - Lean Ground Beef Frozen – 4/1.13 kg \$49.18 (\$4.92 per LB)
- 903200 - Cardinal Beef Burgers Halal 4 oz. – 36 Burgers \$45.44



Chicken

- 06070 - Nikolaos IQF 4 oz Chicken Breast – approx. 32-38 breasts \$52.90
- 06050 - Nikolaos IQF 5 oz Chicken Breast – approx. 25-30 breasts \$52.90
- 06080 - Nikolaos IQF 6 oz Chicken Breast – approx. 22-27 breasts \$52.90
- 95951 -TBS unbreaded Chicken Burgers 4 oz – 40 Burgers \$24.05
- 95952 -TBS unbreaded Chicken Burgers 6 oz – 25 Burgers \$18.04
- 06011 - Chicken BB Tenders Breaded par-fried 4 kg – approx. 50-60 pieces per case \$43.89
- 06131 - Boneless Breaded Chicken Bites 4 kg – approx. 120-140 pieces \$43.89
- 06220 - Chicken Wings Lightly dusted par fried 7-9 ct 4kg – approx. 62-79 wings per case \$44.79
- 06225 - Chicken Wings Lightly dusted par fried 9-11ct 4 kg – approx. 79-97 wings per case \$44.79
- 06250 - Chicken Shawarma Slices Fully Cooked, Halal 4 kg - approx. 35 - 4 oz servings \$47.55

Seafood

- 00115 - Haddock Fillets 5 oz – 10 lb case – approx. 32 portions \$67.33
- 00120 - Haddock Fillets 7 oz – 10 lb case - approx. 23 portions \$67.33
- 01066 - Salmon Portions 6 oz – 10 lb case – approx. 26 portions \$145.96
- 01850 - Shrimp 21-25 – P&D Tail On Raw – 5/2 lb – per case \$131.88 - per bag \$28.44
- 00780 - Pollock Alaskan 2-4 oz – 10 lb case – Approx. 53 servings \$32.14



Vegetarian

- 03363 - Beyond Beef Burgers 40/4 oz - \$102.37
- 03358 - Beyond Beef Hot Italian Bratwurst 50/100 gm - \$131.01
- 03357 - Beyond Beef Sweet Italian Bratwurst 50/100 gm - \$131.01
- 03356 - Beyond Beef Feisty Crumble 2/2.27 kg \$76.10
- 03371 - Yves Garden Veggie Patty 27/ 5 oz. \$54.11

Sides!

- 904953 - Primo Pasta Scoobi Doo 12/900 gm \$24.00
- 904948 - Primo Pasta Spaghetti 12/900 gm \$24.00
- 902917 - Cedar White Patna style Rice 10/907 gm \$19.24



Ask about our full line of frozen vegetables!

Breads

- 05911 - Weston's Whole Wheat English Muffins 10/6 ct \$19.13
- 09890 - Ace White Baguette Rolls 45/140 gm \$26.54
- 09927 - Bagels Whole Wheat 3.8 oz – 18/4 ct (total 72 bagels) \$22.85



Cheese it up!

- 09123 - Agropur – Nacho Blend Cheese – 4/2.5 kg - \$112.78 case – by 2.5 kg bag \$34.63
- 08953 - Champêtre Cheese Curds – 4/2 kg – Award winning Curds \$103.40 case – by 2 kg bag \$27.99
- 09350 - Triple A Feta Cheese 3 kg pail \$31.30

Smoothie Bar

- 40101 - Snowcrest Strawberries Whole IQF 2/2.5 kg \$28.69
- 40112 - Snowcrest Mango Chunks IQF 2/2.5 kg \$28.19
- 40136 - Snowcrest Wild Blueberries IQF 2/2.5 kg \$28.71
- 66251 - Snowcrest Tri-Berry Blend IQF (Black/Blue/Rasp) 2/2.5 kg \$34.50



Fall Baking

- 07180 - Yeast Dry Quick Rising 450 gm \$6.00
- 07260 - Robin Hood – All Purpose Flour 20 kg bag \$19
- 10340 - Apple Valley Pie shells 8" 30 shells \$30.51
- 10370 - Pepperidge Farms Puff Pastry Sheets (16"X10") 20 sheets \$53.15

Canned Goods – All Cedar Brand

- 89921 - Peach Halves 24/796 ml \$51.10
- 89920 - Peach Slices 24/796 ml \$51.10
- 900695 - Chickpeas 24/540 ml \$25.25
- 901229 - Red Kidney Beans 24/540 ml \$25.25
- 902920 - Cut Green Beans 24/540 ml \$36.07
- 904939 - Peas & Carrots 24/540 ml \$36.07



Cleaning!

- 16899 - Vendetta Hand Sanitizer with Pump – 30/500 ml – full case \$171.34 - by the pump \$7.22

While Supplies Last

Please send order to orders@mwfoods.ca

Or call 905-546-5554

Other Items Available by Request!

Errors and Omissions Excepted!

