



Spring Retail Items

Brunch Menu Ideas



- 13390 - TBS Turkey Breakfast Sausages 5 kg (130 ct) \$30.05
- 13380 - Olymel Pork Breakfast Sausages 5 kg (approx. 103 sausages) \$43.59
- 05910 - Readybake English Muffins 20/6 ct (120 total muffins) \$39.28
- 90777 - Big Red Bacon Peameal 7 mm Sliced 5 kg – weekly priced
- 93838 - Sugardale Pre-Cooked Bacon pieces 2/2.27 kg \$96.96
- 04820 - McCain Baby Cakes Potato Pancakes 6/3 lbs \$55.23
- 02974 - Bridor RTB Bistro Pastries Tomato & Olive 36/110 gm \$57.10
- 02975 - Bridor RTB Pastries Margherita Butter 36/110 gm \$57.10
- 96260 - Yoplait 1.5% MF Variety Yogurts (BB/RSP/STR/FB) 3/16 ct \$22.26
- 66251 - Snowcrest Tri-Berry Blend IQF (Blu/Black/Rasp) 2/2.5kg \$34.50
- 40136 - Snowcrest Wild Blueberries IQF 2/2.5 kg \$28.71
- 40121 - Snowcrest Raspberries IQF 2/2.5 kg \$41.65
- 901208 – McCain Oval Hashbrown Patties – 12/3.5 lbs \$28.73
- Muffin Batters 8 lbs - Banana, Chocolate Chip or Blueberry \$17.75 pail
- Each pail yields 32 (Huge) 4 oz muffins, or higher quantities of smaller sized muffins!



Buns, Breads and Sides

- 10425 - Ace Black & White Sesame Seed Burger Buns 48/68 gm \$32.49
- 09846 - Ace Glossy Burger Buns 4.5" 48/80 gm \$35.72
- 10410 - Weston's Sesame Burger Buns 96/75 gm \$40.66
- 10400 - Weston's Egg Hot Dog Buns 96/71 gm \$45.32
- 90500 - Sonora Round Yellow Nacho Chips 4/1.5 lb \$19.49
- 52080 - Bonduelle Grilled Zucchini Frozen 7/1 kg \$62.93
- 53060 - Bonduelle Grilled Yellow & Red Peppers Frozen 7/1 kg \$57.50
- 06990 - McCain Beefeater thick Onion Rings 4 kg \$28.38
- 900949 – McCain Sweet Potato Planks **1/2.5 lb \$7.72 per bag**
- 900695 – Cedar Canned Chickpeas 24/540 ml \$26.15



Dinners Made Easy – Heat-Serve & Add a Side!

- 13215 - Campbell's Deluxe Macaroni & Cheese trays 4/2.27 kg \$57.28
- 09234 - Rosina Fully Cooked Beef Meatballs 1 oz – approx. 160 meatballs \$59.88
- 00531 - Mrs. Fridays Crab Cakes Breaded 2.5 oz – approx. 64 cakes \$75.62
- 06250 - Glacier Chicken Shawarma Fully Cooked & Seasoned GF 4 kg \$47.55
- 03325 - Peppos Falafels Fully Cooked Vegan GF 17 gm (294 pieces) 5 kg \$43.89
- 13200 - Campbell's Klondike Chili 3/1.81 kg \$42.02
- 04255 - Cheemo Pierogies Potato & Cheese 2/2.75 kg \$15.99
- 905556 - Nikolaos Chicken Breasts Breaded Random size 4 kg \$29.00





On the Grill



- 93862 - McGregor Pork Back Ribs Fully Cooked & Sauced 500 gm racks **\$6.47 per rack**
 01850 - Mirabel Shrimp Black Tiger P&D Tail-On 21-25 Raw **2 lb bag \$28.44**
 01690 - Mirabel Shrimp Black Tiger P&D Tail-On 16-20 Raw **2 lb bag \$29.81**
 01066 - Ocean Jewel 6 oz. Salmon portions boneless, skinless approx. 26 pieces \$133.46
 93229 - NY Steaks End to End AAA 16/10 oz Local Ontario \$120.21 **(While supplies last)**
 93227 - NY Steaks End to End AAA 7-8 oz Local Ontario approx. 20 steaks \$120.21 **(limited qty)**
 95952 - TBS Chicken Burgers non-breaded 25/6 oz \$18.04
 04165 - Cardinal Butchers Burgers 24/7 oz \$51.32
 04155 - TBS Steak Spice Burgers 40/4 oz \$36.07
 06475 - TBS Bear Paw Style Butchers Burger 24/6 oz \$31.86
 03358 - Beyond Beef Vegan Hot Italian Bratwurst 50/100 gm \$98.26
 03357 - Beyond Beef Vegan Sweet Italian Bratwurst 50/100 gm \$98.26
 03353 - Beyond Beef Vegan Burgers 40/4 oz \$102.37
 03680 - Soloway's 10" All Beef Wieners approx. 33 wieners \$37.06
 97481 - Soloway's 7" All Beef Jumbo Wieners approx. 33 wieners \$22.23
 06050 - Nikolaos Chicken 5 oz Breasts IQF approx. 28 breasts \$53.90
 06080 - Nikolaos Chicken 6 oz Breasts IQF approx. 24 breasts \$53.90
 91702 - Soloway's Debrezeni Sausage 8" approx. 30 sausages \$31.86
 03360 - Yves Veggies Dogs 7" Jumbo approx. 50 pieces \$48.10



Late Night Munchies and/or Appetizers

- 04380 - Nikolaos Pizza Wraps 3.25 kg approx. 50 - 2.2 oz rolls \$44.41
 04191 - Wong Wing Mini (11 gm) Pork & Beef Egg Rolls 412 Rolls \$56.03
 04030 - Wong Wing Mini (24 gm) Vegetable Spring Rolls 92 Rolls \$34.78
 94120 - Wong Wing Mini (24 gm) Thai Chicken Spring Rolls 92 rolls \$34.78
 01670 - Ocean Jewel Jalapeno Popcorn Shrimp approx. 20 - 4 oz servings \$46.44
 06131 - Nikolaos Chicken Bites Breaded 4 kg (approx. 120-140 bites) \$ 44.90
 01816 - High Liner Extra Crispy Battered Shrimp 4.54 kg (280 pieces) \$112.90
 04270 - High Liner Battered Cheese Bites 5 lbs - approx. 160 bites \$46.47



New Items

- 94125 - Nossack Beef Sausage Rolls 48/105 gm \$75.00
 94126 - Nossack Scotch Pies 24/145 gm \$78.00
 94127 - Nossack Cornish Pasty's 20/150 gm \$71.50
 94181 - Krinos Fillo Twisters Feta & Ricotta 6/840 gm \$40.88
 94183 - Krinos Fillo Twisters Spinach & Feta 6/840 gm \$40.88
 94184 - Krinos Fillo Twisters Apple & Cinnamon 6/840 gm \$40.88



All prices are for full cases unless otherwise noted!

Are you looking for something more? - please send questions, requests or suggestions to
orders@mwfoods.ca - or call 905-546-5554 **We will do our best to accommodate your needs!**

